

10

BENEFITS OF EXECUTIVE COACHING



1



ACCELERATES
leadership
development
and efficacy

2



REVEALS
and challenges
limiting beliefs
and behaviours

3



HEIGHTENS
individual
self-awareness
and empathy

4



CATALYZES
individual
and team
performance

5



ENHANCES
collaboration
and boosts
goal achievement

6



IMPROVES
rapport between
leaders and team
members

7



STRENGTHENS
individual and
team resilience
in times of change

8



EMPOWERS
leaders
to empower
others

9



INCREASES
team motivation,
engagement,
and accountability

10



INSPIRES
leaders to maximize
productivity in
their organizations



LEGACY
COACHING

LegacyCoaching.ca